

GRAPEVINE

Capel-le-Ferne Village Newsletter FEBRUARY 2017 - ISSUE NO: 256

PLEASE NOTE IT IS EDITOR'S DECISION ON FINAL CONTENT

PLANNING APPLICATION

LAND TO THE NORTH OF NEW DOVER ROAD, CAPEL-LE-FERNE, CT18 7HB

Re: 16/01469, Outline application for up to 142 dwellings (comprising up to 99 market dwellings, including 30 retirement dwellings, and up to 43 social rented dwellings), Use Class A1 shops, Use Class D1 medical facilities, country park, attenuation pond, primary school car park and access, associated infrastructure, and creation of access (appearance, landscaping, layout and scale of development to be reserved).

HAVE YOUR SAY - PLEASE SEND COMMENTS EITHER ONLINE, EMAIL or LETTER TO INFORM DOVER DISTRICT COUNCIL, THE AUTHORITY WHO WILL BE MAKING THE DECISION ON THIS!

ONLINE: https://planning.dover.gov.uk/online-

applications/applicationDetails.do?activeTab=makeComment&keyVal=DCAPR_231073

EMAIL: developmentcontrol@dover.gov.uk

IN WRITING: Development Control, Dover District Council, White Cliffs Business Park, Dover CT16 3PJ



Village Hall Management Committee Registered Charity Number 281.786

INDOOR BOOT FAIRS

Capel-Le-Ferne Village Hall

Lancaster Avenue Capel-le-Ferne CT18 7LX

SUNDAYS 8am to 12 noon

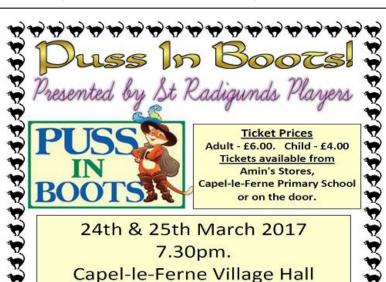
January 29th & February 26th 2017

Doors are open to traders at 7am, Open to the public at 8am. Tables are supplied each table costs £6.00

Bookings & Enquiries: 01303 244847

Refreshments & Disabled access

Entrance by Donation to Village Hall Fund



Lancaster Avenue, Capel-le-Ferne. CT18 7LX

"WHAT'S ON" IN CAPEL-LE-FERNE If you know details of your event in advance, please let Editor know so organisations avoid booking same date 29th Jan Indoor Boot Fair @ Village Hall 31st Jan Bowls Club – Bingo 3rd Feb Capel Cares Coffee Morning 26th Feb Indoor Boot Fair @ Village Hall 3rd Mar Capel Cares Coffee Morning 4th Mar Parents & Friends Capel School - Bingo Colrose 7 @ St Radigund's Church 10th Mar Snail Race Night (Youth Club) @ Village Hall 11th Mar 24th & St Radigund's Players Pantomime 25th Mar **Puss in Boots** 7th Apr Capel Cares Coffee Morning 22nd Jun Youth Club AGM @ Village Hall Youth Club Quiz Night, 7pm @ Capel School 7th Oct

CHURCH SERVICES, February 2017			
Date	Alkham	Capel	Hougham
Sunday 5th	Evensong	Eucharist	Worshipping
CANDLEMAS	4.30 pm	9.30 am	Together 11am
Saturday 11 th Fun, fellowship and food – please let Pam (01303 489006) or Brian (01303 243784) know if you plan to come.		(St Radigund's) 3.00 – 5.00 pm	
Sunday 12 th	Eucharist	Worshipping Together	
3 rd Sunday before Lent	9.30 am	11am	
Sunday 19 th	Worshipping Together	Evensong	Eucharist
2 nd Sunday before Lent	11am	6.00 pm	9:30 am
Sunday 26 th		Benefice Eucharist	
Sunday next before Lent		10.00 am	

From the Vicarage

I recall a session during my training for ministry on *Dealing with the Press*. It was about how to write articles like this one, and perhaps more importantly how to stay out of *The News of the World*, though nobody actually said that. *The News of the World* would feature a Naughty Vicar Story fairly regularly. You can imagine what went into such stories, all guaranteed to sell newspapers, of course. A bishop once complained bitterly that it was only news when the vicar ran off with the churchwarden's wife, not when the parish raised enough money to build a hospital in Ethiopia. I was reminded of this not long ago when, among the crisp packets and sweet wrappers that had collected under the vicarage hedge, I found a scrap of newspaper and with it, a mystery. Had the wind just blown it there? When I picked it up I found that it had been torn, cut and folded so that just the headline was showing. It was a Naughty Vicar Story. Had it been left as a prank? I looked up the story on the internet. St Paul, in his famous passage from I Corinthians 13, wrote of love being patient and kind, keeping no score of wrongs and enduring all things. But newspapers don't work that way, and neither apparently did the Naughty Vicar's wife when, hurt and angry, she went to the newspaper about his antics. He lost his job, and no doubt gave its readers something to snigger at over their cornflakes - but I found myself praying about a broken marriage, their children and his parishioners. And if anyone *did* accidentally drop anything under the hedge because they wanted to know what I thought about it – well, now you know. *Brian*

Capel Church Hall Fund-Programme for 2017

<u>The Colrose 7</u> – I am delighted to announce that on **Friday 10th of March** at 7.30pm we start our series of events in St Radigunds Church, Albany Road, for the Capel Church Hall Fund when <u>The Colrose Seven</u> will return at great popular request to give us another great evening of Jazz and fun. They were to have been with us in November but it had to be postponed so don't miss what is going to be the highlight of our program for the year. We have filled the church each time they have performed for us so get your tickets early.

Tickets at £10, which include light refreshments, are available from me by calling **01303 251403** or e: mailing **johne.oliver22@gmail.com**

Another date for your diary is <u>Friday 7th of April</u> when David Mc Carthy who is the UK Rep of The International Al Jolson Society will be returning to continue where he left off last year when he showed us the film of <u>The Jolson Story</u>. All present requested a return visit to see <u>Jolson Sings Again</u> but David doesn't just show the film, he has his unique presentation which always includes some new aspect of Jolson's life and it will be another rather special evening. Tickets for that evening will be £5 and tickets can be reserved by contacting me as above.

I hope by next month to have more entries for the year's calendar. They are usually on the 2nd Friday of the month but in April that date is Good Friday so we are a week earlier.

John Oliver, Chairman Capel Church Hall Fund 01303 251403 or e: mailing johne.oliver22@gmail.com

PLEASE NOTE

ST RADIGUND'S CHURCH IS AVAILABLE FOR LETTING PURPOSES

- Rates £10 per hour (negotiable for block bookings, local residents)
- PA/Sound system available
- WiFi available shortly
- Booking Policy available from Audrey Goaten, 32 Albany Road, Capel-le-Ferne. CT18 7LA.

Tel: 01303 244735. Email: tryke@audrey47.plus.com



Licenced for most things (except hypnosis and boxing) including sale of alcohol, PRS, raffles. To hire tables/chairs contact Jayne 01303211480 For boot fairs contact sylvia.coles@tesco.net

Something to celebrate?
Want to hold a party?
Need to organise a meeting or training session?
Want to start a teatime chat group or
a new sports club?

To view the hall, or to make a booking contact the letting secretary Sue Leaning Email: fredandsueleaning@yahoo.co.uk (preferred) Or on 07939 095880

What does the future hold for Capel le Ferne Village Hall?

In January the national papers reported on a survey done by the Action with Communities in Rural England (ACRE). Articles described village halls 'as British as tea and crumpets" and continues to say that, whilst they were once the corner stone of communities, Britain's 10,000 village halls are at risk. ACRE says village halls are vital to the survival of rural communities. Here in Capel our hall is used for leisure, sport, social events, educational activities, whether privately hired or as a community activity. The hall was donated to the village residents and is a registered charity, abiding by legislation and monitored by the Charity Commission. Its Constitution goes back to the 1950s. So why is the hall at risk? Simply that there are fewer and fewer people who volunteer to help keep the hall running, and those who are volunteering are, to put it politely, ageing. The national picture reported in the press is replicated here in Capel. It is getting increasingly hard to recruit people to help. What difference does that make? Steps have been taken to keep the hall running, but at a cost - a local builder undertakes maintenance which previously would have been done by volunteer(s), financial management and letting is now contracted now. Hirers used to take their rubbish home, as more and more was left a commercial rubbish collection was organised - when people started using it for their own refuse a larger one was installed, all increasing the costs of running the hall. Whilst not immediately necessary, ultimately these costs will need to be recovered via hiring fees. Costs of all refurbishments and improvements are covered by a range of fundraising activities and grant applications. (A power assisted door opener is to be fitted to the disabled toilet, thanks to grants from Dover District Council and Affinity Water). These fundraising activities need volunteers to help. In fact, this season's boot fairs will be the last because there is no one to manage them. Volunteering at the hall could be as minimal of helping put up tables and chairs for fundraising events, helping serve teas, coffees and sometimes sandwiches. We are incredibly grateful to the ladies who have agreed to do the kitchen for the garage safari – another event under threat if there are no new volunteers. Alternatively there are vacancies on the Management Committee – Trustees promise to be gentle if you are interested in joining us. You would be welcome to attend a meeting or two to find out if it is of interest to you. As a new comer to the village I got invited to become a volunteer, as a result I met many residents who are now counted amongst my friends. When I retired, my involvement increased, but remains flexible enough for me to still go away whether on holiday or visiting family and friends whether in the UK or, as my brother in law put it, ex-brit. If you would like to volunteer and help keep the hall running don't be shy, ring one of the Trustees, details inside the back page. Whatever your skills or availability, we could use the help Other news: in December the committee welcomed new member Roy Mann and look forward to working with him. The Officers were re-appointed - Brian Wilson Chairman, Jayne Stone Vice Chairman, Sally Cook as Secretary and Jenny Carter as Treasurer. A special lunch to thank volunteers for all their work was organised for January.

RECYCLING - INSIDE THE HALL Boxes are provided for:

Unwanted shoes for charity and Used Stamps for Donkey Sanctuary and McMillan Cancer Please place the above in the relevant boxes.

Capel-le-Ferne History Book "Village in the Clouds" Copies still available £5 each from Cherry: Tel: 01303 255114

CONTINUOUS EVENTS

Books & jigsaws: A wide variety of books are available on an 'honesty basis. These are on trollies in corridor. Thanks to all who have donated

Farmers Market: Tuesdays 10 a.m. to 12.30 p.m.

Stalls selling local produce every week, including (but not limited to) artisan breads, pies, meats, fruit, veg and a postal service.

100+ CLUB

Open to all residents, the 100+ club is due for renewal at the beginning of next month. For a subscription of £1 per month (£12 for the year) members are entered into a monthly draw. First prize is £25, second £15 and £5 for 3rd, doubled at Christmas. Profits are spent on improvements to the village hall. Ring Jenny Carter on 01303 250298 or ask at the Farmers' Market. The draw will take place at the Committee Meeting on the 1st Tuesday of each month.

WINNERS OF 100+ CLUB - DECEMBER

 1^{st} 116 Lyn and Jean (double in Dec. £50). 2^{nd} 120 Sarah Peglar (£30). 3^{rd} 21 Sally Cook (£10)

WINNERS OF 100+ CLUB - JANUARY

1st 76 June Payne. 2nd 12 Don Firkin. 3rd 112 Alan Pierce.

130 people thoroughly enjoyed the New Year's Eve dance held in the village hall with "Chicory Tip" popular band of the 60's. This is the fourth year a small committee of Barry, Cherry, Rachel, Ros and Ruby, have organised this event and each year we decided the profits should go to different charities. This year Kent, Surrey and Sussex Air Ambulance and Macmillan nurses were chosen. £297.70 were donated to each.

"Chicory Tip" will be back this New Year!



CAPEL-LE-FERNE FARMERS MARKET

Now in our 13th Year

Every Tuesday 10 a.m. to 12.30 p.m. Village Hall, Lancaster Avenue, Capel-le-Ferne, Folkestone CT18 7LX

Visit us on Facebook https://www.facebook.com
News from the Farmers' Market



January 3rd 2017 was a most unusual day in Capel – there was no Farmers Market. The reason was that, with January 2nd being a bank holiday many of the stallholders were unable to get their supplies in time to produce their goods – even the butcher was on holiday that day. The result was that there would be a limited range of goods - to make it easier for customers to know what was and was not on sale it was decided that it was clear to not open the market.

Many people come to the market to do a little bit of shopping, then have a cup of tea and catch up on all the village news. This is one of the ways in which the hall contributes to the community – one comment we have read says that the village hall is the hub of a community (controversial maybe, but not my comment) – social media enables news to be spread though the village quickly (thanks Maureen), but at the Market people can interact and talk directly. Don't say it too loud, we even see friends greet each other with a hug. Public health says this improves health and well-being – so the Farmers' Market fulfils many roles.

The crafters tend to take January off – partly to spend time replenishing their stock after Christmas markets and fairs. However, they will be back in February – pop in and see what new items they have. If you are someone who shops early for Christmas then talk to them about bespoke items and spread the cost throughout the year. They can be found in the small hall, near the postal service run by Rachel and Sally with support from Martin.

With a 'regular' baker and an artisan baker we are spoilt for choice in the bread line – they do try to not duplicate items so if there is anything special you'd like please talk to them. Mike particularly is usually prepared to try a new recipe. The Farthingloe Farm shop have a stall up by the stage, manned by Pat or Trish, depending on how you know her. Customers who live alone or, with just one partner, say they will buy one of those meat pies, cut it into servings and freeze them. The pies are always well filled.

For busy Mums, the infirm or smaller households, believing cooking for one or two is not worth it, there are locally produced ready meals. I can personally vouch for their tastiness and convenience. My other favourite purchase for our two-person household is one of Marsh produce's lamb rump pieces. I roast it as a mini joint and we have a 'proper' roast dinner without masses left over.

The more specialised stalls, particularly Sue the Fish or Mike the Italian delicacies, come alternative weeks. If demand increases consideration would be given to weekly attendances.

We may be in February but spring is just around the corner, time to consider new plants for the garden or something for inside to brighten up the house – you've guessed it, one of the local nurseries has a stall and attends regularly. A major benefit is being able to chat about the best growing conditions and treatment to ensure a long flowering period.

All this and lots, lots more at the weekly Farmers' Market in Capel-le-Ferne Village Hall every – well nearly every – Tuesday, 10.00am till 12.30pm. See you there.



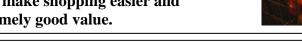








Order by noon on Sunday for collection or delivery on Tuesday. Go to http://farmersmarketsonline.co.uk and choose from our pre-selected veg and recipe boxes or pick from the usual producers. Not going to be in? We can leave the food in cool containers to keep your food fresh. Once you have chosen your deliver/pick up options click the buttons below to shop. Why not try our boxes, they make shopping easier and are extremely good value.



A Few Handy Hints.

- 1) Ironing on a laminate floor, cut 4 fingers off a redundant 'Marigold' glove, place on the feet and the ironing board skates no more.
- 2) To keep necklace chains from tangling with each other, place one in the little 'button' bag that comes when a new garment is bought.
- 3) Scissors blunt? Cut up some coarse sandpaper, that'll sharpen them.
- 4) To clean your blender after use, fill it with warm water, a squirt of 'Fairy', blitz for a few seconds then rinse and dry.
- 5) Wrap an elastic band around each end of the hanger, clothes will fall off no more.

Pro Services – Paul Relf Optimum Services

4 Queen's Lea, West Hougham, CT15 7BJ.

Tel: 01304 214166. Mobile: 07787 910961 **Garden & Property Maintenance Services**

& Handyman - No job too small

Fencing, Decking, Pointing, Brick-work repair, Carpentry, Guttering, Diamond hole drilling, Pressure washing, Decorating, Kitchen fitting, Worktop fitting, Shed repair, Concreting, Etc.,

PLEASE ENQUIRE FOR ANY JOBS NOT LISTED

Parkinson's UK – Folkestone and Dover

Did you know that there is a Branch of Parkinson's UK in the area?

We meet every third Saturday at Newington Village Hall at 10:30am.

We have speakers, including people from Head Office and the Parkinson's Nurses. We cover many aspects of living with Parkinsons and support for carers. We have monthly meals out at local restaurants and annual outings.

If you, or anyone you know, has Parkinsons please come along and give it a try, you will be surprised how much fun we have. If you would rather speak to someone first, please call the following:

Mrs Celia Powell, Chair, - 01304 206959 Please note there is another group meeting on the third Wednesday of the month at Whitfield Village Hall in Dover, where there is also a singing therapy group. Further information from the above.



APEL-LE-FERNE GARDENERS' ASSOCIATION

The next meeting is on the 21st February on Weather Lore, perhaps he can let us know when spring will start.

On 7th July 2017, I am arranging a trip to the **Eden Project and The Lost Gardens of** Heligan for 4 days and staying at the Esplanade Hotel, Newquay. The price will be about £275 each, if anyone is interested please let me know and I will add you to the list.

Happy Gardening!

For more information please contact Brian Castle on 01303 259105





Our qualified teachers create individual tutoring programmes for your child, using India

proven Kip McGrath methods.

assessment





Folkestone & Hythe Centre

17, Manor Road, Folkestone, CT20 2SA **2** 01303 249 100

folkestonehythe@kip-mcgrath.com

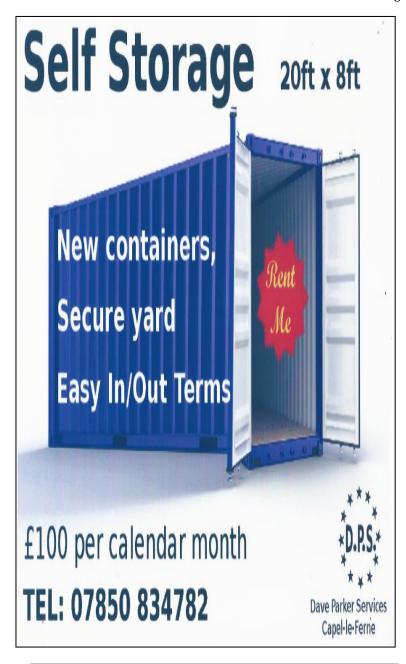


There To Care Ltd provide high quality support to people with different conditions in the community. We are looking for staff with dementia experience and interaction qualities to encourage social activities for our clients.

We are a small friendly team based in Shepway.

- Competitive hourly rate
- Paid mileage
- Weekend/Bank holiday premiums
- Must have own transport

If interested, please call Jess on 07704 518251



Kent Association for the Blind

'The Virtual Cycle Ride' and is a 24-mile cycle ride (on a route of your choosing over as many days as you want). You can take part as an individual or as a team, on a static bike at the gym, or outside in the park. The second is much more well-known: The London Marathon. We have several bond places that we can offer to interested runners for Team KAB. So if there are any budding runners or cyclists out there, please visit the website or contact Amy:

amy.vdw@kab.org.uk 01622 691357

MARATHON RUNNERS WANTED TO RAISE MONEY FOR KENT ASSOCIATION FOR THE BLIND

Kent Association for the Blind are looking for people to take part in the 2017 London Marathon and raise vital funds for the charity. By taking part in this event you are doing something amazing for our charity; not only raising awareness of sight loss but also raising much needed funds for us to be able to continue our work supporting visually impaired people in the local area. The fundraising team is here to support you meet your pledge amount and can offer you fundraising ideas, personalised materials and resources. In the New Year we will be organising a runners' night at our Sight Centre in Maidstone which is a great opportunity to learn more about our work and meet the other runners on Team KAB. Kent Association for the Blind supports visually impaired people to live independent lives. We work with people of all ages from toddlers and teenagers right through to people in their nineties and beyond. KAB offers a range of services including mobility training, a digital Talking News service, advice and guidance and courses in Assistive Technology. We provide an entirely bespoke service which is tailored to the individual's needs. We support over 11,000 people across the region and last year we received 2,450 new referrals to our service.

Laurie McShea | Fundraiser | Kent Association for the Blind | www.kab.org.uk

72 College Road | Maidstone | Kent | ME15 6SJ | **T:** 01622 691357. Registered Charity 1062354. Company 03339912

Police Community Support Officer
PCSO Gretel May Mobile: 07966 299006
Your point of contact for all local policing
concerns or Call 101 or
Email: csu.dover@kent.pnn.police.uk

Kent County Council Community Warden

Andrew Hawkins

Mobile: 07811271303 or

Email: andrew.hawkins@kent.gov.uk

WENDY GEE CLEANING AND IRONING SERVICE

ARE YOU AFTER A CLEANER OR ARE YOU SICK OF IRONING? I CAN HELP.

I CHARGE £10 AN HOUR. REFERENCES AVAILABLE ON REQUEST

PLEASE CONTACT ME ON 01303 271852 or 07736 584099















Some of our recent successes in Capel, if you are thinking of selling your home in 2017 call us now for a free valuation









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t: Folkestone 01303 210 777 Deal 01304 365 454 Dover 01304 206 666 w: www.tapestates.com e: enquires@tapestates.com



GET ACTIVE IN 2017

Are you an older adult who wants to get moving, have fun and meet like-minded people? Start 2017 right with our 'Active 50' timetable.

Week commencing 23rd January 2017

WALKING FOR HEALTH - THREE HILLS SPORTS PARK

Every Monday - 11am - 12:30pm - Free

Our NHS-accredited walks are short, over easy terrain, and open to everyone.

WALKING FOOTBALL - THREE HILLS SPORTS PARK

Every Friday - 11am-12pm - £3

If you'd like to try walking football, our casual session is open to beginners.

LOW IMPACT CIRCUITS - THREE HILLS SPORTS PARK

Every Thursday - 11am - 12pm - £3

With the supportive Paul and Denise, this 50+ class is an all-body workout!

I LENGTH TO IK - FOLKESTONE SPORTS CENTRE

TBC

Our 10 week course is designed to improve your swimming fitness. You'll go from 1 length to 40 lengths in no time!

If you would like to register interest or have an informal chat about our Active 50 programme of events, please contact Jordon Mann (j.mann@shepwaysportstrust.org // 01303 760677).

Registered charity number: 1155522



CAPEL-LE-FERNE PARISH COUNCIL

Summary of some items discussed at meetings





- Request from the public to address the Council, Surgery and Other Feedback: Hint of the month item and dates of library visits in Grapevine, grass verge overgrown, food bank box, litter in Capel Street (thanks expressed to Chris Reed, Roy Mann and any other walkers for assisting in picking up litter to keep our village looking tidy). Neighbourhood Watch: Capel Cares new group well attended and will continue with regular coffee mornings to ascertain who needs support (see front page). Equipment status report: Bi-monthly report presented items noted including the Goal Posts requiring refurbishment. Highways and Public Rights of Way: Snow Wardens equipment discussed. A20 works planned and diversion via B2011 more temporary 40mph signs requested. Councillors to make contact with Kent Highways to meet and discuss the need to relocate the 40mph zone/signs, on the B2011 and 30mph on Old Dover Road, in view of new development. Planning: Land South of New Dover Road (Jarvis Homes) Appeal decision by Government Inspector was in favour of this development. Councillors to recommunicate with Developers to ascertain answers to some enquiries raised. Land North of New Dover Road (Quinn Estates) Application for 142 dwellings, etc., has been submitted to Dover District Council (see front page for details on submitting your comments). The Parish Council have responded. This can be viewed on their website.
- Other: Accidents on the B2011 to be the subject of a meeting with Kent Highways (District in the first instance), on how or what would be acceptable as Traffic Management. Parish Precept for 2017/2018 agreed by Councillors as increase of Band D Council Tax Charge from £34.33 to £41.49 per annum (£7.57 per annum or 20.85% i.e. approximately .75p per month, per household).

SPEEDWATCH

Capel-le-Ferne Parish Council have now purchased their own Speed Indicator Device to reinstate the Speed Watch Scheme in the Village and will be co-ordinated by our Community Warden, Andrew Hawkins. This will be for use on the B2011 and Capel Street (being the sites at present assessed by Kent Police - more sites will be identified for the future). If you are interested and wish to join our volunteers to attend sessions on the roadside, please register on the following link:

https://www.communityspeedwatch.co.uk/ - This will take you to the Kent Police Speed Watch site, click register and follow instructions on screen. This will entail watching a few videos and answering some questions. The Parish Council will be notified when you have completed this and eligible to be part of our scheme. Andrew and Capel-le-Ferne Parish Councillors are keen to reinstate the Scheme in our Village and therefore are endeavouring to build up a list of registered and trained volunteers to assist Andrew will then be contacting you, by organising a rota of sessions accordingly.

Next Parish Council meeting is on Tuesday, 21st February 2017 at 7.30pm in the Village Hall (Small Hall).

A COPY OF THE MEETING'S AGENDA WILL BE AVAILABLE ON THE PARISH COUNCIL WEBSITE A WEEK BEFORE THE MEETING. http://www.capel-le-fernepc.kentparishes.gov.uk/ ALL PARISH COUNCIL MEETINGS ARE OPEN TO THE PUBLIC, SHOULD YOU WISH TO ATTEND. HOWEVER, IF YOU WISH TO ADDRESS THE COUNCILLORS, PLEASE INFORM THE CLERK PRIOR TO THE MEETING!

Further information on any of the above or to contact Parish Council, please write to Parish Clerk, 39 Victoria Road, or <u>Tel: 01303 259564</u>. <u>Email: maureen.leppard@btinternet.com</u>

PLEASE SHARE & PASS ON IF ANY OF YOUR FRIENDS OR FAMILY IN OUR VILLAGE WISH TO BE INCLUDED IN OUR EMAIL DATABASE TO RECEIVE NOTIFICATIONS, MESSAGES, NEIGHBOURHOOD WATCH INFORMATION AND "WHAT'S ON" EVENTS, PLEASE ASK THEM TO CONTACT THE PARISH CLERK.

Severe weather forecast for the South East could leave people vulnerable and Kent County Council is calling on residents to rally round to help friends, families and neighbours. A "level three" cold weather alert has been announced by the Met Office triggering actions in the NHS, public health and social care, to support vulnerable people with health risks. Nationally, there are thousands of excess winter deaths per year due to a drop in temperature. The ideal indoor temperature is 18-21°C (65-75°F). If trying to save fuel, it is advisable to heat the living room during the day, the bathroom when needed and the bedroom, just before going to bed. Other simple measures for keeping warm in the home include:

- Regular hot drinks, and hot meals help your body warm.
- Ensure warm clothes are close by. Wear several thin layers, rather than one thick one.
- Have your flu vaccine (this is free for anyone over 65, pregnant women, those with long term conditions, and children aged two to four contact your GP to make an appointment.
- Order repeat prescriptions in good time to ensure you have a good supply of any medicines you use.
- Having a family member, friend or neighbour to help out with anything from putting the bin out to collecting prescriptions or doing shopping.
- Have your heating and cooking appliances checked regularly and ensure the chimney has been swept recently.

Preparing for very cold weather means being ready to stay indoors, ensure there is enough food and medicine at home. If you have to travel or go outdoors, tips to follow include:

- Wear layers of warm clothing and shoes with slip resistant, good grip soles
- Make sure you are not caught out by snow and ice; stay tuned to the weather forecast and plan ahead with food/medicine supplies.

More information is available

on www.kent.gov.uk/winterhealth and www.nhs.uk/Livewell/winterhealth/Pages/Verycoldweather.aspx

PEOPLE ARE URGED NOT TO GO TO A&E or call 999 unless it's an emergency. If you are in any doubt, NHS111 can help you. The free web app "Health Help Now" can be used to check symptoms or to find out when and where local services are open. It can also be downloaded to mobile phones, tablets, laptops and desktop computers from http://kent.healthhelpnow.nhs.uk/

Geoffrey Lymer, Kent County Councillor, Dover West Ward

CAPEL-LE-FERNE YOUTH CLUB

Every 1^{st} and 3^{rd} Thursday in the month from 7.30pm to 9.30pm.

Please come along and your first evening is free!

Any issues/queries – Please contact the Chairperson, Simon on 07860803767

ALL PARENTS ARE WELCOME TO ATTEND

Please ensure you collect your children from the hall, not the Car Park, even on light evenings.

We have lost a couple of Helpers, so if you could spare a couple of hours, twice a month, your he

We have lost a couple of Helpers, so if you could spare a couple of hours, twice a month, your help would be appreciated! Find us on Facebook to keep up to date with all info about Capel Youth Club.



2nd February – Footy, Valentine's Cakes, Colsoles and Craft

23rd February – Kidz Planet & Laser Wars 2nd March – Basketball, Pancakes and Crafts

16th March – Marine Cadets activities, Hot Dogs and Crafts

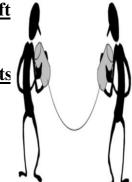
<u>16th March – Marine Cadets activities, Hot Dogs and Craft</u> <u>20th April – Footy, Pizza, Consoles and Crafts</u>

4th May – Bowling @ AMF, Ashford

18th May – Rounders, Park and Crafts

15th June – Footy outside, Park and Crafts

29th June - Cricket, Park and Crafts



22nd JUNE YOUTH CLUB AGM @ VILLAGE HALL - EVERYONE WELCOME 24th JUNE CHESSINGTON – MEMBERS ONLY to be subsidised by Youth Club



Youth Club - Snail Race Night

Saturday 11th March 2017 Capel Village Hall

Arrive 1800-1830Hrs – First race 1900hrs

A real family fun evening starring host Peedy The Parrot

8 races with 64 locally sponsored snails

All ages & non Youth Club folk welcome, Bring your own drinks n nibbles — No garlic snails!!

Tables of 8 - Entry: Adults £2, Children £1

Raffle donations always appreciated – Thank you $\,!\,$

Book your table in advance to not miss out — Call or Txt Simon 07860 803767 (8 VIP tables already booked!)

You could win a fortune & will have fun!











Our biggest-ever litter campaign, the Great British Spring Clean is coming, and we are looking for half a million litter heroes to help clean up our country.

The #GBSpringClean will take place from March 3-5, 2017, and is being supported by, among others, TV naturalist and writer Steve Backshall, the BAFTA award-winning **Deadly 60** presenter.

"Litter dropped in a British street is a horror show for wildlife, so many animals are injured and even die from the things we throw away. This is such an important issue and I'm proud to be supporting Keep Britain Tidy and their campaign – the Great British Spring Clean."

The campaign is being backed by the RSPCA, the Marine Conservation Society, Keep Wales Tidy, McDonald's, Greggs, Harrogate Spring Water, Lidl, Costa and many other organisations.

We need your help to make your neighbourhood and our country a place we can all be proud of. Sign up now and spread the word to your friends, family and colleagues

Sign up and get involved http://www.greatbritishspringclean.org.uk/home/2684







Welcome to a New Year - and a new era

At the beginning of 2017 the Trust became a charitable incorporated organisation, a move designed to ensure it can continue to operate effectively.

While its new legal status makes no difference to the Trust's day-to-day operations, the new structure means it can continue to carry on its important work with the right safeguards in place.

The logo has been amended to reflect the new set up and highlight the fact that the Trust now incorporates the Battle of Britain Fighter Association, the exclusive body which only 'the Few' are entitled to join.

Events at the Battle of Britain Memorial 2017

New Dover Road (B2011), Capel-le-Ferne, CT18 7JJ

http://www.battleofbritainmemorial.org/category/news-and-events/events/http://www.battleofbritainmemorial.org/news-and-events/news/join-us-on-battle-of-britain-day-2

SUNDAY MARCH 19

The prefab kid – Gregory Holyoake

Gregory Holyoake's presentation, based on his best-selling book *The Prefab Kid*, is a lively, one-hour talk with appropriate piano interruptions by Neil Wright.

SUNDAY MARCH 26

We'll meet again – George Taylor

How did popular music impinge on the lives of ordinary people in the Second World War? What were the songs – and the singers – that helped the nation through a dark period in its history? Find out from Battle of Britain Memorial volunteer George Taylor and soundman Peter Clayton.

SUNDAY APRIL 2

Casanova and the Spitfire pilots – Hugh Williams FRCS FRCOphth

Hugh Williams will show a version of the historical documentary film made for the website of the Royal College of Ophthalmologists, some of which was filmed at the Battle of Britain Memorial site. It tells the story of the indirect contribution made to the development of modern cataract surgery by Squadron Leader Neil Cleaver DFC (below) after he was shot down during the Battle of Britain.

SUNDAY APRIL 23

The Dowding System (film)

All you wanted to know about the original system of air command and control, one that made a decisive contribution to victory in the air during the Battle of Britain and beyond.

SUNDAY MAY 7

Flt Lt Henry Shackleton – an illustrated talk

Henry was 17 when War broke out and quickly joined the Local Defence Volunteers – armed with a stick. In this illustrated talk he outlines how his wartime career progressed via The RAF College Flying Training School, Cranwell and a training post in Canada to a place in the Pathfinder Force and 15 months in Stalag Luft 3.

News from the Battle of Britain Memorial Trust NEWSLETTER - January 2017

http://www.capel-le-fernepc.kentparishes.gov.uk/default.cfm?pid=news&newsid=1443



KNIT & NATTER, REECE ADAMS HOUSE, CAULDHAM CLOSE.

Crochet is on the agenda for beginners. Or if crochet is your passion, maybe you could help teach others.

We make a grand cup of tea. No charge.

Donated our new knits to the Ukraine.

Also £110 to our Air Ambulance. Well done ladies.

EVERY THURSDAY, 2pm till 4pm. Everyone Welcome! For more information contact Kathy on 01303 246507.



CAPEL BAPTIST CHURCH

Capel Street. Services 10.30am.

Speakers for February 2017

5th February Pam Barr
12th February Rev Ruddle
19th February Theresa McAuley
26th February David Hudson

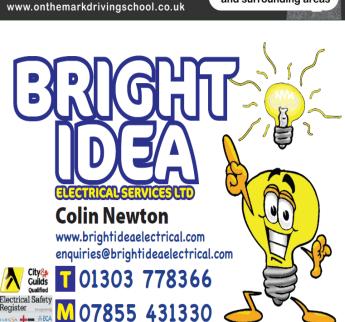
ALL WELCOME TO THESE ACTIVITIES

If there are queries regarding these details,

please call 01303 489006 - Pam Barr

Please! A reminder that the public are requested not to park in front of the gates on Sunday mornings as this is a disabled access.

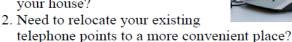






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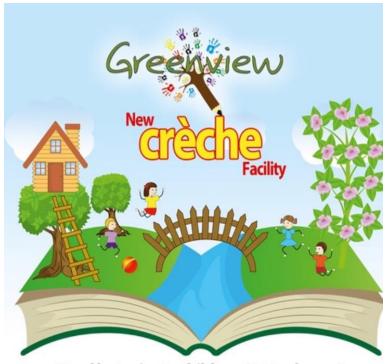
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Energy prices are on the rise again after almost 18 months of falling/ stable prices. The benefits of fixing your tariff for the next 12 months are even greater now.

Why not sign up to Energy Deal – a hassle free/ no obligation way to see if you can save money on your energy bills. **Energy Deal is open for registration from 6 December. 2016.**

Residents who've registered for previous rounds of Energy Deal will need to re-register each time they wish to take part in subsequent rounds.

Registration is quick and easy, the hardest part is finding the information on your energy bill/ statement that you'll need to register, i.e:-

- the name of your current energy tariff
- annual energy consumption in kWhs
- the name of your **current supplier**

Internet users can register their interest in the next round via <u>Dover District Council's website</u> or at <u>www.energydealswitch.com</u>.

Residents without access to the internet can call **01304 872428** (**until 3.30pm on 13 February 2017**) and leave their contact details. Callers will receive a call back from Dover District Council to complete the registration form. How does it work?

- Energy providers will compete to offer you the best Energy Deal at a reverse auction on **14 February 2017**. What happens then?
 - You get a personal offer (all tariffs fixed for 1 year) showing whether you can save offers will be **sent out from 27 February 2017.** You Decide!
 - If you want to switch the deadline to accept the offer is 28 March 2017 (you'll be helped through the process).



CAPEL-LE-FERNE EVENING WI



Firstly 'Happy New Year' to everyone that we have not already done so, and hope that 2017 is all that you would wish for yourselves in health, and happiness and there will not be too many heartaches. Hopefully we will not get too much of the 'white stuff' that stops us getting out and about.

The December Meeting was our usual jolly party where everyone got together and celebrated with food, fun and laughter. During the evening we were entertained by Jerry Spillett who entertained us by playing numerous Christmas songs and carols to get us in the mood for Christmas. Mary Adamson and Gillian Howey entertained us with their version of "12 days of Christmas", followed by Sheila French, Vad and Colin Blake singing their version of the "12 days of Christmas". Members were invited to complete the often frustrating, Christmas quizzes, and then rewarded with the buffet. The Achiever's Cup was presented jointly to Eve Muggridge for her achievement in her Art of Stained Glassmaking. Eve has come a long way since she first started to learn it as a hobby and now travels round East Kent demonstrating to WI's and Groups and Jayne Stone for her willingness to help, and the success as an Admin Volunteer for the local Constabulary. Where she is greatly admired for her resourcefulness. The Competition Cup was awarded to Gwen Beaumont, Christine May and Vad Blake all sharing 1st Place. At the end of the evening everyone was given a raffle prize each, which was organised by Eve Muggridge. Thank you for that Eve.

<u>The January 2017</u> The WI ladies met again after the Christmas and New Year celebrations and the village hall was abuzz with friends catching up. Caroline our President was recovering from being in hospital and Jan Ardley kindly stepped into the breach and welcomed everyone.

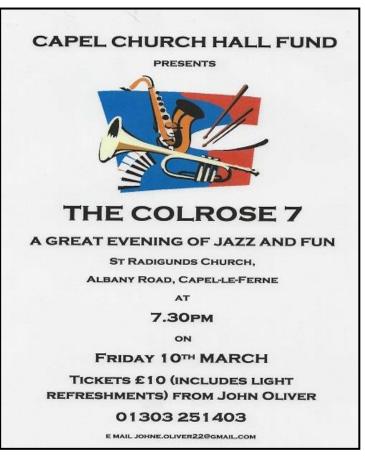
Our speaker this month was our very own Eve Muggeridge who gave us a Demonstration on the Art of Stained Glassmaking. As I said in December above, Eve has come a long way and produces all sorts of various forms of Stained Glass since her very first demonstration and has her talk off to a fine tee now. Her patterns vary from small to large and the colours of the pieces of glass are beautiful. Jan Ardley gave the Vote of Thanks.

There was a long refreshment break (essential listening to the chatter as news was shared). Members' time from month to month varies considerably.

Next meeting, February 14th (St Valentine's Day). The meeting will be a very informal one, followed by a fish and chip supper.

Any lady wishing to join us for the evening, please telephone on 07885 406433 or just turn up at 7.25pm.





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Capel le Ferne Village Hall Juniors (6-9 years) 5.30pm-6.30pm. Seniors (10 years +) 6.30pm-8.00pm Senior Coach: Colin Carrott 3rd Dan

Tel: 01303 211594

Technical Advisor: Colin Ogburn 3rd Dan

Tel: 07917131571.

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Community Warden	Andrew Hawkins	07811271303
Parish Council Chair	Keith Pilcher	01303 254731
Parish Council Clerk	Maureen Leppard	01303 259564
Village Hall Webmaster	Sally Cook	253838 / 07730425838
Village Hall Chairman & Maintenance	Brian Wilson	627172/07916258684
Village Hall Committee Vice Chair	Jayne Stone	01303 211480
Village Hall Committee Secretary	Sally Cook	253838 / 07730475838
Village Hall Committee Treasurer	Jenny Carter	01303 250928
Village Hall Committee Lettings	Sue Leaning	07939 095880
fredandsueleaning@yahoo.co.uk	(email preferred)	
X711 II 11 E 2 X 1 4	Debbie Ovenden	07427 626754
Village Hall Farmers' Market	Brian Wilson	627172/7916258684
Village Hall Committee Trustee	Jenny Barraclough	01303 245399
Village Hall Committee Trustee	Derek Jeffrey	01303 259842
Village Hall Committee Trustee	Cherry Leppard	01303 255114
Village Hall Committee Trustee	Mike Stone	01303 211480
Village Hall 100+ Club	Jenny Carter	01303 250928
Bridge Club	Bob Jones	01233 756362
Brownies	Sandra Sharpe	07818551806
Capel Art Group, St Radigunds Church	Susan Dootson	01303 243508
Capel Baptist Church	Pam and Tony Barr	01303 489006
Capel Ramblers	Bob Mothersele	01303 250931
Divas Dance	Rebecca Uden	01303 893650
Fit Friends – Pilates	Pam Vivien	01303 244322
Gardeners Association	Brian Castle	01303 259105
Household Bill Savers	Phil & Karoline Taylor	01303 246887
Judo	Colin Carrott	01303 211594
		07917131571
Playgroup	Alison Cloake	07977 838609
Remote Control Car Club	Derek Jeffrey	01303 259842
Short Mat Bowls	Ros Chandler	01303 255862
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St Radigunds Church Hall Events	John Oliver	01303 251403
St Radigunds Church Hall Bookings	Audrey Goaten	01303 244735
St Radigunds Players and Choir	Jerry Spillett	01303 242146
Tai Chi	Anna	01304 205405
Twinning Association	Jerry Spillett	01303 242146
Welcome to Village Letter	Debbie Catling	01303 251525
WI	Eve Muggeridge Janice Whittle	01303 252404
Youth Club	Simon Withey	01304 202923 07860803767
1 Outil Club	Simon withey	07000003707



Shepway Writers Group

Are you interested in creative writing? Now's your chance to put pen to paper and write short stories, poetry, or even that book you've been meaning to write. Our informal group meets every month in Folkestone. It's free to join, so why not come along and give it a go?

Contact Graham on 01303 259474 or 07722 560702.



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ONLY 2 STOPS NOW – EVERY TWO WEEKS (3rd and 17th FEBRUARY) Reece Adams House: 12:25pm – 12:55pm Fortnightly Victoria Road: 13:50pm – 14:20pm Fortnightly Any alterations or additions to this list, notify:

Maureen Leppard (Editor)

Tel: 01303 259564 or Email:

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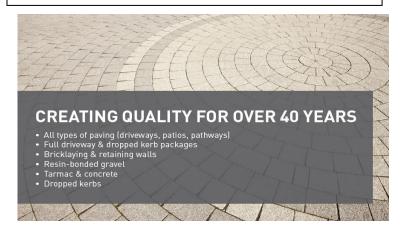


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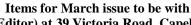
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by 6pm, Sunday, 19th February

PLEASE NOTE IT IS EDITOR'S DECISION ON FINAL CONTENT



